



*Inclusive and ambitious learning experiences where our school community feels safe and motivated to achieve their best.'*

SKILLS PROGRESSION in science EYFS/KS1	Nursery	Year R	Year 1	Year 2
<b>Dance</b>	<b>Expressive arts and design:</b> Children express themselves through dance and movement, developing their creativity and imagination	Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.	Copies and explores basic movements and body patterns  Remembers simple movements and dance steps  Links movements to sounds and music.  Responds to range of stimuli.	Copies and explores basic movements with clear control.  Varies levels and speed in sequence  Can vary the size of their body shapes  Add change of direction to a sequence  Uses space well and negotiates space clearly.  Can describe a short dance using appropriate vocabulary.  Responds imaginatively to stimuli.
<b>Gym</b>	<b>Understanding of the world:</b> PE helps children understand their environment and develop spatial awareness through activities in and out of the classroom	Jumps off an object and lands appropriately.  Travels with confidence and skill around, under, over and through balancing and climbing equipment.	Copies and explores basic movements with some control and coordination.  Can perform different body shapes  Performs at different levels  Can perform 2 footed jump  Can use equipment safely  Balances with some control	Explores and creates different pathways and patterns.  Uses equipment in a variety of ways to create a sequence  Link movements together to create a sequence



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			Can link 2-3 simple movements	
<b>Games</b>	<b>Personal, Social, and emotional:</b> PE helps children to develop resilience, perseverance, and an understanding of healthy habits	Finds space when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.  Can show increasing control over an object in pushing, patting, throwing, catching or kicking it.	Can travel in a variety of ways including running and jumping.  Beginning to perform a range of throws.  Receives a ball with basic control  Beginning to develop hand-eye coordination  Participates in simple games	Confident to send the ball to others in a range of ways.  Beginning to apply and combine a variety of skills (to a game situation)  Develop strong spatial awareness.  Beginning to develop own games with peers.  Understand the importance of rules in games.  Develop simple tactics and use them appropriately.  Beginning to develop an understanding of attacking/defending
<b>Athletics</b>	<b>Physical development:</b> Children develop gross motor skills, coordination, balance, and agility through play and movement	Can show increasing control over an object in pushing, patting, throwing, catching or kicking it.	Can run at different speeds. Can jump from a standing position Performs a variety of throws with basic control.	Can change speed and direction whilst running. Can jump from a standing position with accuracy. Performs a variety of throws with control and co-ordination. <i>preparation for shot put and javelin</i> Can use equipment safely