



# Knights Enham Junior School

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**Headteacher: Mr D Whitehouse BA(Hons)**

7<sup>th</sup> November 2022

Dear Parents/Carers,

During the week beginning Monday 14<sup>th</sup> November we will be joining in with National Anti-Bullying Week.

The theme this year is "Reach Out".

*"Whether it's in school, at home, in the community or online, let's reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach." (Anti-bullying alliance)*

During the week, the children will have some lessons that will focus on identifying bullying-type behaviours and reminding the children who they can reach out to when they need support. Lessons will cover the different types of bullying; verbal, emotional, social and physical and the children will also learn about cyber bullying and the impact this can have on a person's wellbeing.

On **Monday 14<sup>th</sup> November** we are inviting the children and adults to mark the start of the Anti-Bullying week by joining in with "**Odd Socks Day**". On this day the children can wear any socks of their choice as long as they are odd!! Odd Socks Day helps our children to recognise that we are all unique and this should be celebrated.

Further resources for parents can be found at: <https://anti-bullyingalliance.org.uk/anti-bullying-week/parents-and-carers>.

Thank you for your support.

Miss Gill

PSHE Lead

### At Knights Enham Junior School we provide...

Inclusive and ambitious learning experiences where our school community feels safe and motivated to achieve their best.

**'Together We Achieve'**

