



Online safety guidance for parents and carers

NSPCC - You can use this link to help get nudes removed - [Report Remove | NSPCC](#)

Childline – Information about why children sext and send nudes [Sexting and sending nudes | Childline](#)

Safe4me – Hampshire Constabulary website supplying advice and resources for carers and professionals. [Safe4Me – Hampshire Police's free education resource programme for schools, colleges and partners in Hampshire and the Isle of Wight](#)

Parental Controls – Guidance on how to put parental controls onto your young persons apps/games. [Parental Controls & Privacy Settings Guides - Internet Matters](#)

Appropriate ages – Check the games and apps your children are watching are age appropriate. [Common Sense Media: Age-Based Media Reviews for Families | Common Sense Media](#)

Information about online exploitation - [CEOP Education \(thinkuknow.co.uk\)](#)

Link for selfies videos – set of 4 videos to help you talk to your children about nudes. [Nude Selfies-Film 1 of 4 \(youtube.com\)](#)

Roblox – From speaking with your children we know that Roblox is very popular. By selecting settings – privacy please check your child's security settings to check they have an under 13yrs account. This will assist in blocking out inappropriate games and content. You can also control who follows your child on Roblox and we recommend using the 'friends only' setting. Here is a short intro video which explains the safety features <https://youtu.be/pWzhE8fUi7E>. There is also further information here [Is Roblox safe for my child? | NSPCC](#)

Discord – This is a popular messaging app for those who are gamers. The age limit is 13yrs but it is made for adults meaning there is a risk of adult content and chat. Please see the link that shows how to put safety settings in place for your child [Internet-Matters-Discord-Guide-1.pdf \(internetmatters.org\)](#)

