



# Services for Young Children

## Heat Health Alert – Amber Response

Heat Health Alert – MET Office [Heat-health Alert service - Met Office](#)

There is strong likelihood of the heat health criteria being met between **19 June** and **09:00** on **23 June 2025** in parts of England. These details will not be updated unless the alert level also changes, the latest forecast details can be obtained at the following link: [Weather and climate change - Met Office](#)

This weather could impact younger age groups and will likely increase demand on all health and social care services. The heat may affect the ability of the workforce to deliver services, indoor environments risk overheating increasing the risk to vulnerable people, issues managing medicines, staffing issues due to external factors (for example, affecting transport), increased demand for power exceeding capacity, other sectors starting to observe impacts (for example, travel delays). Click here for full details about this alert: [Weather alert for south-east | UKHSA data dashboard](#)

Please take care and take sensible precautions to keep children safe from exposure to sun and from heat exhaustion. The link below takes you to the Public Health England publication “Looking after children and those in early years settings during heatwaves: guidance for teachers and professionals”

[Looking after children and those in early years settings before and during hot weather: teachers and other educational professionals - GOV.UK](#)

Below is what to do should a child suffer from heat illness. This information has been extracted from the document at the link above.

### **Actions to protect children suffering from heat illness**

The following steps to reduce body temperature should be taken immediately:

- Move the child to as cool a room as possible and encourage them to drink cool water (such as water from a cold tap)
- Cool the child as rapidly as possible, using whatever methods you can. For example, sponge or spray the child with cool (25 to 30°C) water; if available place cold packs around the neck and armpits, or wrap the child in a cool, wet sheet and assist cooling with a fan.
- Dial 999 to request an ambulance if the child (or person) doesn't respond to the above treatment within 30 minutes.

**If a child loses consciousness, or has a seizure, place the child in the recovery position, call 999 immediately and follow the steps above until medical assistance arrives.**

The following links provide advice on coping with hot weather:

- [Hot weather and health: guidance and advice - GOV.UK \(www.gov.uk\)](#)
- [Beat the Heat: Hot Weather Advice - GOV.UK \(www.gov.uk\)](#)
- [Heatwave: how to cope in hot weather - NHS \(www.nhs.uk\)](#)
- For babies specifically: [Keeping your baby safe in the sun - NHS \(www.nhs.uk\)](#)
- [Teach your children the Water Safety Code - Hampshire SCP](#)

If you have to close your setting as a result of the weather, please inform Services for Young Children by completing this form: [Early Years and Childcare Providers - Emergency Closure Reporting \(office.com\)](#)