



Knights Enham- Week 1 Menu

Week commencing: 23rd Feb, 16th Mar, 20th Apr, 11th May, 8th Jun, 29th Jun, 20th Jul

MAIN MEAL

VEGETARIAN

JACKET POTATO / PASTA

DESSERT

MONDAY



Beef Burger in a Bun served with Potato Wedges, Mixed Garden Salad and Coleslaw



Veggie Burger in a Bun served with Potato Wedges, Mixed Garden Salad and Coleslaw



Pasta with Tomato and Basil Sauce



Chocolate Brownie

TUESDAY



Chicken Curry & Rice served with Peas and Sweetcorn



Chickpea and Sweet Potato Curry & Rice served with Peas and Sweetcorn



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Oaty Cinnamon Cookie

WEDNESDAY



Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy



Vegetarian Sausage served with Roast Potatoes, Seasonal Vegetables and Gravy



Pasta with Tomato and Basil Sauce



Rainbow Jelly

THURSDAY



Ham Pizza served with Potato Wedges, Mixed Garden Salad and Coleslaw



Margherita Pizza served with Potato Wedges, Mixed Garden Salad and Sweetcorn



Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling



Peach Crumble & Custard

FRIDAY



Battered Fish served with Chips, Beans, Peas & Tomato Ketchup



Veggie Bolognese Loaded Jacket Potato




















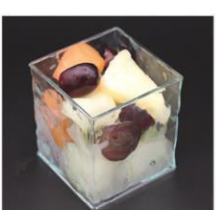


Pasta with Tomato and Basil Sauce























Fruity Friday

All meals come with seasonal vegetables or salad of your choice.
*Some photos may depict different sides to those described.

	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 <p>Sausages served with Mashed Potato and Seasonal Vegetables</p>	 <p>Vegetarian Sausage served with Mashed Potato and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Chocolate Sponge with Chocolate Custard</p>
TUESDAY	 <p>Tuna Pasta Bake served with Warm Baguette and Seasonal Vegetables</p>	 <p>Margherita Pizza served with Potato Wedges, Mixed Garden Salad and Sweetcorn</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Banana Muffin</p>
WEDNESDAY	 <p>Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy</p>	 <p>Vegetarian Mince & Onion Pie served with Roast Potatoes, Seasonal Vegetables and Gravy</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Rainbow Jelly</p>
THURSDAY	 <p>Mild Beef Chilli Con Carne with Rice and Seasonal Vegetables</p>	 <p>Vegetarian Mince Chilli and Rice with Seasonal Vegetables</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Shortbread</p>
FRIDAY	 <p>Fish Fingers or Salmon Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup</p>	 <p>Macaroni Cheese served with Warm Baguette, and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Fruity Friday</p>

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	MAIN MEAL	VEGETARIAN	JACKET POTATO / PASTA	DESSERT
MONDAY	 <p>Sausage Cowboy Hotpot served with Mashed Potato and Seasonal Vegetables</p>	 <p>Veggie Sausage and Baked Bean Hotpot served with Mashed Potato and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Flapjack</p>
TUESDAY	 <p>Homemade Beef Lasagne served with Warm Baguette and Seasonal Vegetables</p>	 <p>Veggie Meatballs & Pasta served with Warm Baguette and Seasonal Vegetables</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Chocolate Cornflake Cake</p>
WEDNESDAY	 <p>Roast Chicken served with Roast Potatoes, Seasonal Vegetables and Gravy</p>	 <p>Creamy Vegetable Pie served with Roast Potatoes and Seasonal Vegetables</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Rainbow Jelly</p>
THURSDAY	 <p>American Chicken Wrap served with Warm Baguette and Seasonal Vegetables</p>	 <p>Vegetable Paella served with Warm Baguette and Seasonal Vegetables</p>	 <p>Jacket Potato with a choice of Tuna Mayonnaise Cheddar Cheese or Baked Beans filling</p>	 <p>Apple Crumble & Custard</p>
FRIDAY	 <p>Fish Fingers served with Chips, Beans, Peas & Tomato Ketchup</p>	 <p>Vegetable Fingers served with Chips, Beans, Peas & Tomato Ketchup</p>	 <p>Pasta with Tomato and Basil Sauce</p>	 <p>Fruity Friday</p>

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